

Terrain: 5. Very hilly; lots of long climbs

Mileage: 107



Three Hill Winter Trainer

Howarth Park, Santa Rosa 229'

630 Summerfield Rd, Santa Rosa, CA 95405

At	G	On	For	At	G	On	For
0.0	R	Summerfield Rd	0.3	71.3	R	California Dr	0.1
0.3	R	Montgomery Dr	0.2	71.4	L	Solano Ave	3.9
0.4	L	Mission Blvd	1.2	75.3	R	Orchard Ave	1.3
1.6	R	Montecito Blvd	1.3	76.6	R	Dry Creek Rd	9.9
2.9	L	Calistoga Rd	2.3	86.5	>	Trinity Rd	0.9
5.2	R	St Helena Rd	6.8	87.4	>	top of Trinity 1759'	3.8
11.9	>	Spring Mountain Rd	5.2	91.2	L	Dunbar Rd	0.5
17.1	L	Madrona Ave	0.2	91.7	R	Arnold Dr	0.8
17.3	R	Main St	0.4	92.5	R	Warm Springs Rd	5.0
17.8	L	Pope St	0.9	97.5	L	Los Guilicos Ave	0.5
18.6	L	Silverado Trail N	0.0	97.9	L	Clyde Ave	0.1
18.7	R	Howell Mountain Rd	4.0	98.0	R	Mission Dr	0.1
22.7	>	White Cottage Rd S	3.8	98.2	R	Greene St	0.1
26.5	>	Howell Mountain Rd	2.3	98.3	L	Hwy-12 W	1.8
28.8	>	Chiles Pope Valley Rd	0.8	100.0	L	Pythian Rd	0.8
29.6	L	Pope Valley Cross Rd	1.0	100.8	L	Valley Oaks Dr	0.1
30.6	L	Pope Canyon Rd	8.4	101.0	R	Oakmont Dr	1.3
39.0	R	Berryessa Knoxville Rd/H	13.0	102.3	L	Stone Bridge Rd	1.1
52.0	R	Hwy-128 W/Sage Canyon Rd	11.2	103.4	L	Turn left	0.7
63.2	L	Silverado Trail S	5.5	104.1	R	Channel Dr	1.1
68.6	R	Yountville Cross Rd	1.9	105.2	L	Montgomery Dr	1.6
70.5	L	Yount St	0.5	106.8	L	Summerfield Rd	0.3
71.0	L	Washington St	0.1	107.1	L	Howarth Park	
71.1		Stop in Yountville	0.2				

Sonoma Emergency 707-565-2121
Napa Emergency 707-253-0911

Led by Sarah Schroer—364-7560

Map at <http://ridewithgps.com/routes/12132020>

Carry ID, Wear a Helmet